MENTAL HEALTH AND SUBSTANCE USE IN THE TIME OF COVID-19: A BORDER PERSPECTIVE

Thursday, April 8, 2021 • Noon - 5:10 p.m.

CONFERENCE OVERVIEW AND TARGET AUDIENCE
This live activity is designed to educate community members on the effects of COVID-19 and the ways in which community services have adapted. The goal is to educate our community on how to provide and access appropriate services. This educational intervention is intended for physicians, nurse practitioners, registered nurses, social workers, licensed professional counselors, licensed chemical dependency counselors, community health workers and other interested health care providers.

LEARNING OBJECTIVES
Following the conference, the participant should be able to:

- Use local knowledge of how the mental health of the border region has been affected by COVID-19 to enhance the effectiveness of your agency’s work.
- Review border region statistics on substance use disorders to improve prevention, identification and treatment in the population you serve.
- Add new resources to your toolbox so those who you serve have increased access to the highest quality of pandemic-appropriate services.
- Dialogue with your colleagues across the region and state to share best practices in these rapidly changing times.

CONFERENCE INFORMATION
The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine reserves the right to cancel this symposium or make speaker substitutions in the event of unforeseen or extenuating circumstances.

To claim CME credit, participants must log on using their full name and remain logged on for a minimum of 75%, if not the entirety of the CME activity. Webex attendance logs with entry and exit time stamps will be used to validate attendance requirements.

*Please note: If you are a call-in user, your name will not appear as an attendee. Therefore, we will not be able to verify your attendance for credit purposes.

REGISTRATION
There is no registration fee for this activity.
https://ttuhscep.zoom.us/meeting/register/tZMud-CsqT8oHNEEWyOCVeCm6s2cr65BJfe8

ACCREDITATION DESIGNATIONS

CME ACCREDITATION AND DESIGNATION
The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine designates this live activity for a maximum of 3 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS AND PROFESSIONAL RESPONSIBILITY
This activity provides 1 CME credit toward the annual requirement of the Texas Medical Board for continuing medical education credit in Medical Ethics or Professional Responsibility.

LICENSED PROFESSIONAL COUNSELORS/LICENSED SOCIAL WORKERS
The El Paso Child Guidance Center is an approved Continuing Education Service provider by the Texas Behavioral Health Executive Council to offer continuing education contact hours to Licensed Professional Counselors (#2558) and to Licensed Social Workers (#8977). This activity provides up to 3 continuing education contact hours for successful completion of this educational activity.

COMMUNITY HEALTH WORKERS
3 noncertified hours for community health workers by Texas Tech University Health Sciences Center El Paso Desert Mountain AHEC.

Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity provides up to 3 contact hours for successful completion of this educational activity.

NURSING ACCREDITATION AND CREDIT
University Medical Center of El Paso is an approved provider with distinction of nursing continuing professional development by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC</th>
<th>SPEAKER/MODERATOR</th>
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<tbody>
<tr>
<td>Noon - 12:30 p.m.</td>
<td>Introductions</td>
<td>Sarah L. Martin, M.D.</td>
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<td>12:30 - 1 p.m.</td>
<td>Main room: Mental Health Implications of Human Trafficking: A COVID-19 Perspective</td>
<td>Ijeoma Ibeanu, M.D., M.P.H.</td>
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<td>1 - 1:30 p.m.</td>
<td>Main room: Pandemics and Alcohol, Tobacco and Other Drugs: How COVID-19 May Trick Us into Thinking Substance Use Disorder has Improved</td>
<td>Michelle Denise Millen, M.A.</td>
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<td>1:30 - 2 p.m.</td>
<td>Main room: Managing Stress and Maintaining Wellness During the COVID-19 Pandemic</td>
<td>Melanie Olivas Longhurst, Ph.D., M.Ed.</td>
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<td>2 - 2:10 p.m.</td>
<td>TEN MINUTE BREAK</td>
<td>Cynthia E. Garza, J.D., M.D.</td>
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| 2:10 - 2:40 p.m.     | Main room: Fear in the Time of COVID-19: Anxiety, Depression and Suicide, Looking Beyond the Abyss | Moderator – Sarah L. Martin, M.D.  
Aliviane – Carolina Gonzalez, LPC-S, LCDC and Ivonne Tapia, M.A., LCDC, LPC-S, ACPS  
EPCGC – Kathy Revtyak, LCSW-S  
EHN – Angel M. Rodriguez - Chevres, M.D., Luis Antonio Chavarria, M.B.A., QMHP-CS  
Project Vida – David Godinez, B.A. and Cynthia E. Garza, J.D., M.D. |
| 2:40 - 3:40 p.m.     | Main room, Panel Discussion: Resources – Evolving in the Pandemic    | Moderator – Sarah L. Martin, M.D.  
Aliviane – Carolina Gonzalez, LPC-S, LCDC and Ivonne Tapia, M.A., LCDC, LPC-S, ACPS  
EPCGC – Kathy Revtyak, LCSW-S  
EHN – Angel M. Rodriguez - Chevres, M.D., Luis Antonio Chavarria, M.B.A., QMHP-CS  
Project Vida – David Godinez, B.A. and Cynthia E. Garza, J.D., M.D. |
| 3:40 - 4 p.m.        | CLOSING REMARKS AND EXPLAIN BREAKOUTS                                | Sarah L. Martin, M.D.                                                              |
| 4:10 - 5:10 p.m.     | BREAKOUT ROOM 1: TTUHSC El Paso - Human Trafficking                  | Ijeoma Ibeanu, M.D., M.P.H. and Laura Moreno, LPC                                  |
|                      | BREAKOUT ROOM 2: Aliviane                                            | Carolina Gonzalez, LPC-S, LCDC and Ivonne Tapia, M.A., LCDC, LPC-S, ACPS          |
|                      | BREAKOUT ROOM 4: Project Vida                                         | David Godinez, B.A., and Cynthia E. Garza, J.D., M.D.                             |
|                      | BREAKOUT ROOM 5: El Paso Child Guidance Center Child & Family Mental Health During COVID | Kathy Revtyak, LCSW-S                                                             |
|                      | BREAKOUT ROOM 6: Mental Health Awareness Training/Mental Health Learning Library | Angel M. Rodriguez - Chevres, M.D., Luis Antonio Chavarria, M.B.A., QMHP-CS     |
|                      | BREAKOUT ROOM 7: Aliviane – Pandemics and Alcohol, Tobacco, and Other Drugs | Michelle Denise Millen, M.A.                                                     |
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