ENDURING MATERIAL:
CARB COUNTING:
DIABETES MANAGEMENT'S BEST FRIEND

PRESENTED BY:
AMANDA AST M.S., R.D./L.D., CDCES
Diabetes Educator Coordinator, Nutrition Education - Eating Disorders
NWTHS - Department of Nutrition Therapy Services

LEARNERS ARE REQUIRED TO PRE-REGISTER USING THE LINK:
https://cmetracker.net/TTUHSC/Publisher?page=pubOpen#/EventID/37522/

Following this session, the participant should be able to:

- Review and practice carbohydrate counting with patients and other staff
- Identify fuel sources and the effect on blood glucose management
- Utilize carbohydrate counting with insulin in managing glucose

Accreditation:
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint Providership of Texas Tech University Health Sciences Center and Desert Mountain AHEC. Texas Tech University Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

Designation:
Texas Tech University Health Sciences Center designates this enduring material for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure & Mitigation of Relevant Financial Relationships:
None of the planners and faculty for this educational activity have relevant financial relationships to disclose with ineligible companies (commercial interest).

The TTUHSC Office of CME reserves the right to cancel this activity. CME information also available on website https://www.ttuhsc.edu/medicine/continuing-medical-education/

*Learners may only request credit for this educational intervention once every twelve months.*