Objectives: Upon completion of this session, participants should be able to:

- Review the ACGME requirements regarding well-being promotion in training programs.
- Review the published literature regarding well-being activities of GME training programs.
- Provide strategies for implementation of well-being activities among training programs.

Accreditation: The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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