Substance Use in Adolescents: Population-Targeted Prevention, Intervention and Harm Reduction

Presented by:
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Lindsey is a Midwest native who now calls Tucson, Arizona, home. In Arizona, she enjoys all things outdoors, playing music with friends and has cultivated her passion for community health. A dual residency in pediatrics and emergency medicine first landed her in Tucson, where she also completed a fellowship in addiction medicine, while working shifts in the emergency department (ED). Currently, she primarily works in the Pediatric ED at Tucson Medical Center (TMC), but also enjoys doing some adult and rural shifts from time to time. A recent graduate of the addiction medicine fellowship at the University of Arizona, she recently embarked on a leadership position focused on substance use disorders and harm reduction in the ED at TMC.

Objectives: Upon completion of this session, participants should be able to:

- Identify regional and national trends in adolescent substance use.
- Discuss the SBIRT model of screening, intervention and treatment for substance use disorders as it applies to the pediatric population.
- Recognize the importance of and specific strategies for harm reduction targeting substance use among transition-aged youth.

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