



# Department of Public Health

## MAYOR

Dee Margo

## GUIDANCE ON RETURN TO WORK FOR HEALTHCARE WORKERS IN EL PASO, TX

### CITY COUNCIL

#### District 1

Peter Svarzbein

#### District 2

Alexsandra Anello

#### District 3

Cassandra Hernandez

#### District 4

Dr. Sam Morgan

#### District 5

Isabel Salcido

#### District 6

Claudia L. Rodriguez

#### District 7

Henry Rivera

#### District 8

Cissy Lizarraga

### CITY MANAGER

Tommy Gonzalez

### SYMPTOMATIC LABORATORY CONFIRMED COVID-19 HCW:

1. Need to be afebrile for over 72 hrs without the use of antipyretics
2. Need for cough to be improved and almost resolved
3. Negative COVID-19 test at least 7 days from onset of symptoms and 1-2 have met.

### ASYMPTOMATIC LABORATORY CONFIRMED COVID-19 HCW:

1. Negative test for COVID-19 performed 7 days after initial test.
2. Continue to be asymptomatic.

### HCW IN A HOUSEHOLD WITH LABORATORY CONFIRMED COVID-19:

1. Self-quarantine for at least 7 days from initial symptoms of household member
2. Negative test for COVID-19 performed at least 7 days after initial symptoms of household member
3. HCW must be asymptomatic.
4. If HCW becomes symptomatic, they should follow guidance for symptomatic HCW.

### HCW EXPOSED TO A LABORATORY CONFIRMED COVID-19 AT PLACE OF WORK:

1. Follow [CDC guidelines for HCW exposure](#)<sup>1</sup> and Hospital Infection Control Policy

### After returning to work, HCW should:

- Wear a facemask at all times while in the healthcare facility until all symptoms are completely resolved.

(-MORE-)

### Robert Resendes – Director

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- Be restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until all symptoms are completely resolved.
- Adhere to hand hygiene, respiratory hygiene, and cough etiquette (e.g., cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles)
- Self-monitor for symptoms and seek re-evaluation from occupational health if respiratory symptoms recur.

## References:

1. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>
2. <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/hcp-return-work.html>

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