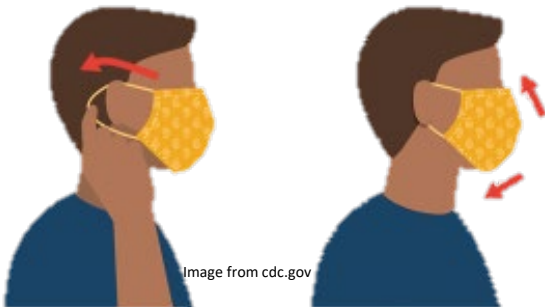


Protection from COVID-19: Face covering & handwashing

RULES

1. Wear your mask to cover your **mouth AND nose!**
2. Wash your **mask and hands!**
3. Face coverings are mandatory!



Homemade hand sanitizer recipe:

- 1/8 cup Aloe Vera
- 1/4 cup Isopropyl Alcohol (90%)
- Measuring cup
- Empty plastic container
- Optional: essential oils or peppermint



Homemade masks materials:

- T-shirt or socks or bandana
- Hair bands
- Coffee filters



Watch step-by-step video:

- Bandana mask: <https://tinyurl.com/y97bkzvw>
- T-shirt mask: <https://tinyurl.com/yancbmoq>
- Sock mask: <https://tinyurl.com/y8bjb582>
- Sewn mask: <https://tinyurl.com/ybkrtznx>



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