Psychiatry Grand Rounds

Presented on Zoom:
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Friday, Nov. 5, 2021
Noon – 1 p.m.

“Insomnia: Therapeutic Considerations”

Presented by:
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Objectives: Upon completion of this session, the participant should be able to:

- Define what constitutes insomnia.
- Describe potential causes and its definition as a single medical problem.
- Know how it relates to different psychiatric disorders and treatment options.

Accreditation: The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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