Psychiatry Grand Rounds

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Friday, Feb. 4, 2022
Noon – 1 p.m.

Benzodiazepines and Anxiety: Myths, Management Strategies, and Alternate Medications

Presented by:
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Objectives: Upon completion of this session, the participant should be able to:

- Discuss the background in medicine that has led to benzodiazepines (BZDs) prescribing.
- Differentiate appropriate vs. problem use of BZDs.
- Describe safe and successful discontinuation strategies for BZDs.
- Select and implement alternative treatment options based on underlying diagnosis and situation.

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