

# ENDURING MATERIAL: CARB COUNTING: DIABETES MANAGEMENT'S BEST FRIEND



TTUHSC EL PASO  
DESERT MOUNTAIN AHEC

## PRESENTED BY:

AMANDA AST M.S., R.D./L.D., CDCES

*Diabetes Educator Coordinator, Nutrition Education - Eating Disorders  
NWTSH - Department of Nutrition Therapy Services*

LEARNERS ARE REQUIRED TO  
PRE-REGISTER USING THE LINK:  
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ONCE REGISTERED, YOUR CONFIRMATION LETTER WILL CONTAIN INSTRUCTIONS TO RECEIVE CREDIT.  
PLEASE READ THE INSTRUCTIONS PRIOR TO COMPLETING THE EDUCATIONAL INTERVENTION

Following this session, the participant should be able to:

- Review and practice carbohydrate counting with patients and other staff
- Identify fuel sources and the effect on blood glucose management
- Utilize carbohydrate counting with insulin in managing glucose

#### Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint Providership of Texas Tech University Health Sciences Center and Desert Mountain AHEC. Texas Tech University Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

#### Designation:

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\*Learners may only request credit for this educational intervention once every twelve months.