



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER™
EL PASO

Office of Research

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Regulatory Lite



A hint of research compliance tips for your everyday life

Samples

Blood, urine and tissue samples are often collected, processed, and shipped as part of human subject research; but what approvals are necessary if research personnel are asked to collect and ship samples without having to process them first?

The IRB and IBC committees still require that IBC approval be obtained prior to study initiation, even if a sample is being packaged outside of a research lab (such as an inpatient room or in the clinic). Remember that any researcher that will be handling samples must not only be added to the IBC approval, but should also be trained and certified on how to properly handle and ship samples. In addition, there is a training requirement that *must* be completed if a researcher will be transporting samples in between buildings and hospitals. Trainings can be requested by reaching out to [Jacqueline Lomeli](#) or by accessing the [Safety Services](#) webpage.

Researchers that are shipping hazardous materials, such as non-exempt biological specimen or samples on dry ice must submit a "[Notification of Intent to Ship Hazardous Materials](#)" request through the [Safety Services](#) webpage prior to shipping.

*More information can be obtained through the [Safety Services](#) webpage.

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